

Creative Arts East Youth Consultation 2021

Best Practise Resources for Young People & Those Working with Young People

Youth Voice

- Arts Council England
[Click here to download the PDF 'ART31 Young People and Arts Engagement'](#)
- Freechild Institute for Youth & Social Change
[Click here to read the article 'Youth and the Arts'](#)
- NPC
[Click here to read the report on 'How to Engage Young People in Arts & Culture'](#)
- Arts Professional
[Click here to read the article 'Gatekeeper to the Arts'](#)

Youth Leadership

- The Open University
[Click here to read the report 'Youth Leadership & the Arts in a Creative Learning Programme'](#)
- Mousetrap
[Click here to find out more about Mousetrap's Youth Forum group](#)
- Culture Work
[Click here to read the article 'The Evolution of Youth Leadership in a Mid-Sized Community Arts Organisation'](#)

Collaborating with Young People (arts organisations and young people)

- Shape Arts
[Click here to find out more about what Shape Arts do](#)
- Chickenshed Theatre
[Click here to more about Chickenshed Young Company](#)
- Six Toes Theatre Company
[Click here to visit Six Toes Theatre Company's Facebook page](#)
- Youth and Policy
[Click here to read the article 'Mixing young people, collaborative art making and work experience placement'](#)

Mentoring

- One Million Mentors
[Click here to find out more about how One Million Mentors connects young people with life changing opportunities and coaches them](#)
- Arts Emergency
[Click here to find out more about how to become a mentor for a young person with Arts Emergency](#)

- Arts Council England
[Click here to read a report on 'The Benefits of Mentoring'](#)
- The Arts Development Company
[Click here to read about and apply for the 'Arts Development Company's Mentoring Programme for Creative Under 30'](#)

Evaluating and measuring impact for Youth Projects

- Youth Work Essentials
[Click here to read the report 'Measuring Outcomes 2'](#)
- Youth Work Essentials
[Click here to read the 'Planning and Evaluation Methodology Handbook'](#)

Wellbeing

- Cultural Learning Alliance
[Click here to read the article 'Why the arts make us happier and healthier'](#)
- ARTiculate
[Click here to read the report 'Evaluation of a Young People and Wellbeing Programme'](#)
- Access Art
[Click here to read the article "'Heart Work" an Arts and Wellbeing Project for Young People'](#)

Creative facilitation (online and offline)

- Effervescent
[Click here to read their 'Top Tips for Facilitating Digital Creation'](#)

Safeguarding (online and offline) for young people

- The Mighty Creatives
[Click here to download 'The Mighty Creative Collective Outcome handy toolkit'](#)
- Arts Council England
[Click here to view advice from Arts Council England on 'Safeguarding and child protection'](#)
- NSPCC
[Click here to read about 'Safeguarding children in the performing arts'](#)

Inclusivity, Diversity and Equality

- Young Arts
[Click here to read guidance on 'Equity and Belonging' and promoting a safe space for young people](#)

Research and Development

- Norfolk and Norwich Festival Bridge
[Click here to view a range of articles, opportunities and reports from Festival Bridge around their work with young people](#)
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For more information on our Youth Consultation work or to find out more about Creative Arts East, please email info@creativeartseast.co.uk

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