**Creative Arts East Youth Consultation 2021**

**Best Practise Resources for Young People & Those Working with Young People**

## **Youth Voice**

* Arts Council England

 [Click here to download the PDF **‘ART31 Young People and Arts Engagement’**](https://www.artscouncil.org.uk/sites/default/files/download-file/ART31%20-%20Young%20People%20and%20Arts%20Engagement_0.pdf)

* Freechild Institute for Youth & Social Change

[Click here to read the article **‘Youth and the Arts’**](https://freechild.org/2015/12/18/youth-and-the-arts/)

* NPC

[Click here to read the report on **‘How to Engage Young People in Arts & Culture’**](https://www.thinknpc.org/resource-hub/arts/)

* Arts Professional

[Click here to read the article **‘Gatekeeper to the Arts’**](https://www.artsprofessional.co.uk/magazine/269/feature/gatekeepers-arts)

## **Youth Leadership**

* The Open University

[Click here to read the report **‘Youth Leadership & the Arts in a Creative Learning Programme’**](https://core.ac.uk/download/pdf/109513.pdf)

* Mousetrap

[Click here to find out more about **Mousetrap’s Youth Forum group**](https://www.mousetrap.org.uk/youth-forum)

* Culture Work

[Click here to read the article **‘The Evolution of Youth Leadership in a Mid-Sized Community Arts Organisation**](https://culturework.uoregon.edu/2012/07/10/july-2012-vol-16-no-3-the-evolution-of-youth-leadership-in-a-mid-sized-community-arts-organization-reed-davaz-mcgowan/)’

## **Collaborating with Young People (arts organisations and young people)**

* Shape Arts

[Click here to find out more about **what Shape Arts do**](https://www.shapearts.org.uk/FAQs/arts-organisations-and-services)

* Chickenshed Theatre

[Click here to more about **Chickenshed Young Company**](https://www.chickenshed.org.uk/Pages/Category/theatre-membership?Take=8)

* Six Toes Theatre Company

[Click here to visit **Six Toes Theatre Company’s Facebook page**](https://www.facebook.com/sixtoestheatre/)

* Youth and Policy

[Click here to read the article **‘Mixing young people, collaborative art making and work experience placement’**](https://www.youthandpolicy.org/articles/yp-collaborative-art-making/)

## **Mentoring**

* One Million Mentors

[Click here to find out more about how **One Million Mentors connects young people with life changing opportunities and coaches them**](https://www.onemillionmentors.org.uk/about-1mm/#:~:text=One%20Million%20Mentors%20%281MM%29%20is%20a%20unique%2C%20community-based,given%20the%20impact%20of%20COVID-19%20on%20young%20people.)

* Arts Emergency

[Click here to find out more about **how to become a mentor for a young person with Arts Emergency**](https://www.arts-emergency.org/get-involved/become-a-mentor#:~:text=Arts%20Emergency%20mentors%20work%20voluntarily%20with%20a%20young,the%20year%20and%20then%20work%20towards%20achieving%20them.)

* Arts Council England

[Click here to read a report on **‘The Benefits of Mentoring’**](https://www.artscouncil.org.uk/blog/benefits-mentoring)

* The Arts Development Company

[Click here to read about and apply for the ‘**Arts Development Company’s Mentoring Programme for Creative Under 30’**](https://theartsdevelopmentcompany.org.uk/mentoring/)

## **Evaluating and measuring impact for Youth Projects**

* Youth Work Essentials

[Click here to read the report **‘Measuring Outcomes 2’**](http://youthworkessentials.org/media/51546/measuring_outcomes_lres.pdf)

* Youth Work Essentials

[Click here to read the **‘Planning and Evaluation Methodology Handbook’**](https://www.cwvys.org.uk/wp-content/uploads/2014/06/HB-Planning-Evaluation.pdf)

## **Wellbeing**

* Cultural Learning Alliance

[Click here to read the article **‘Why the arts make us happier and healthier’**](https://culturallearningalliance.org.uk/wp-content/uploads/2018/04/Arts-Health-and-Wellbeing-Briefing.pdf)

* ARTiculate

[Click here to read the report **‘Evaluation of a Young People and Wellbeing Programme’**](http://www.artscouncil-ni.org/images/uploads/publications-documents/17020_SMR_ACNI_Articulate_Evalution_Year_1_Report_FINAL_120318.pdf)

* Access Art

[Click here to read the article **’”Heart Work” an Arts and Wellbeing Project for Young People’**](https://www.accessart.org.uk/heart-work-art-and-wellbeing-for-young-people/)

## **Creative facilitation (online and offline)**

* Effervescent

[Click here to read their **‘Top Tips for Facilitating Digital Creation’**](https://eff.org.uk/news/insight/top-tips-for-facilitating-digital-co-creation-during-lockdown/)

## **Safeguarding (online and offline) for young people**

* The Mighty Creatives

[Click here to download **‘The Mighty Creative Collective Outcome handy toolkit’**](https://themightycreatives.com/toolkits/)

* Arts Council England

[Click here to view advice from Arts Council England on **‘Safeguarding and child protection’**](https://www.artscouncil.org.uk/advice-and-guidance-library/safeguarding-and-child-protection)

* NSPCC

[Click here to read about **‘Safeguarding children in the performing arts’**](https://learning.nspcc.org.uk/safeguarding-child-protection/for-performing-arts)

## **Inclusivity, Diversity and Equality**

* Young Arts

[Click here to read guidance on **‘Equity and Belonging’** and promoting a safe space for young people](https://youngarts.org/equity-and-belonging/)

## **Research and Development**

* Norfolk and Norwich Festival Bridge

[Click here to view a **range of articles, opportunities and reports from Festival Bridge around their work with young people**](https://nnfestival.org.uk/festival-bridge/what-we-do/research-development/)

For more information on our Youth Consultation work or to find out more about

Creative Arts East, please email info@creativeartseast.co.uk

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