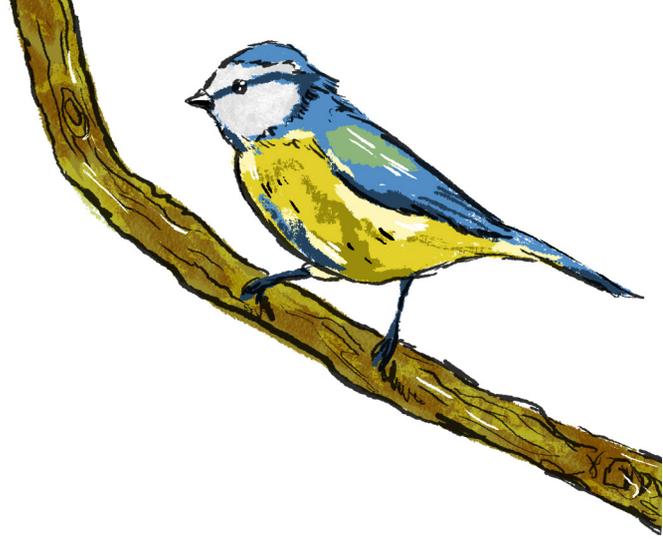


Window Frame

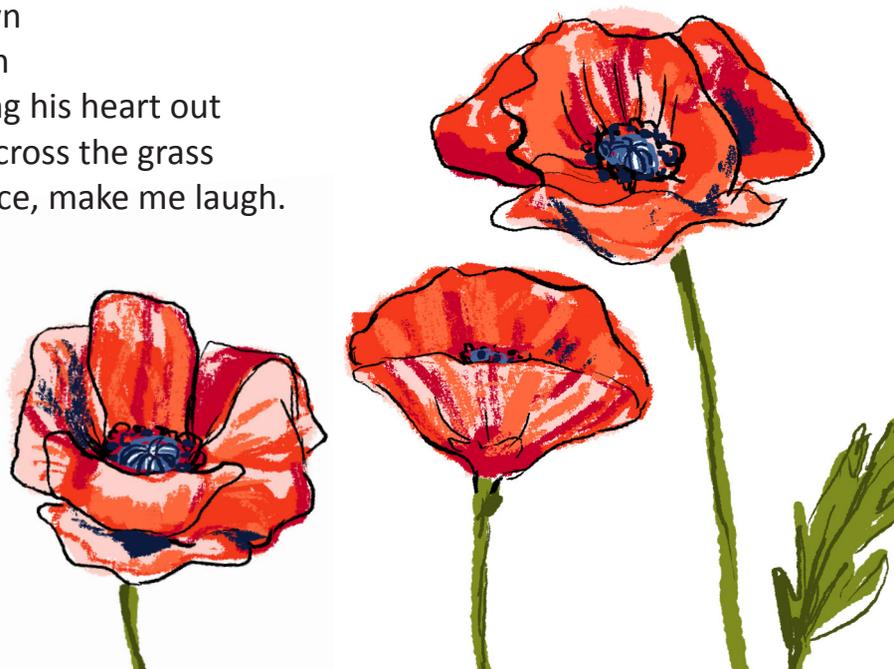


What day is this?
A hot day
The sky is blue, so very, very blue
Cars are still on a silent street
Dog walkers pass by
Wind blows through the oaks
Leaves float down

What day of the week?
Thursday
we clap
Say hello to our neighbours
Stay two metres apart
Hope to see friends
Be alert

What time is this, day or night?
The sun bids the day goodbye
The evening settles in long shadows on the ground
Catch the last of the day with a glass of wine
The bottom of the garden
I am found

What month is this?
Blissful warm weather
A blue sky in May
My garden an oasis
Of flowers
An emerald green lawn
The jewel in my crown
The Blackbird is singing his heart out
Penny Wagtails hop across the grass
Bring a smile to my face, make me laugh.



What year is this?
Shielding 2020
Rain falling steadily
in sheets
from a bright cloudy sky
Find solace in your home
Wait for it to pass
Daily exercise so you can roam
Constrained in home comfort
Looking through the window
The Gulls wheel
The Swifts dart
The Buzzards soar
The Cherry tree flutters
The waterboard men work hard
Like the Bees
Trees around the sewerage works
Gently sway in the breeze

Inside
amide troubled times
I count my blessings
I am safe
All is well.



This poem was created from the fantastic words and phrases that you and others from the Our Day Out groups sent to us, put together by Poppy Stevens, and with illustrations by Sophie Clouston

