

## ABOUT YOU

|                     |  |
|---------------------|--|
| <b>Name</b>         |  |
| <b>Address</b>      |  |
| <b>Phone number</b> |  |
| <b>Email</b>        |  |
| <b>Age</b>          |  |

|   |  |
|---|--|
| <b>Do you have access to transport?</b>   |  |
| <b>Do you have any support needs and any medical requirements that we should be aware of?</b><br><i>e.g. wheelchair access/any medication</i> |  |
| <b>Do you have any dietary needs?</b><br><i>E.g. food allergies, gluten-free</i>  |  |

## When could you volunteer?

We would like to see a 6-month commitment by attending 12 twice monthly sessions at one of our groups. We would also like to invite you to a taster session at one of our groups too.

|  |  |
|--|--|
| <b>When are you able to start volunteering? Eg, start of August</b>          | Month commencing: _____  |
| <b>How long do you think you will be available for? Minimum is 6 months.</b> | 6 months <input type="checkbox"/> ongoing <input type="checkbox"/><br>Dates: Between _____ & _____ |

**Which group are you interested in volunteering for?**  
*You can tick more than one and then we can pick one for you if you prefer*

**Watton**

First and third Thursday of the month 2pm-4pm

**Dereham**

Second Friday of the month 2pm-4pm and

Fourth Friday of the month 10am-12pm

**Attleborough**

Second Friday of the month 10am-12pm and

Fourth Friday of the month – 1:15pm-3:15pm

**Thetford**

First and third Friday of the month 2pm-4pm

**Why would you like to do this?**

## Your Previous Experience

Please tell us about any skills or knowledge you have that you think will be beneficial for this volunteering role.

What would you like to get out of this?

What do you think you will be good at within this role?

Are there any specific aspects of this role that you think you will need training on?  
Eg, are you DBS checked?

Thank you!

If you have any questions about this form or volunteering for Creative Arts East, please contact us on 01953 713390 or email [lea@creativeartseast.co.uk](mailto:lea@creativeartseast.co.uk)