WHY VOLUNTEER WITH CREATIVE ARTS EAST?

You might be interested in this role if you’re thinking about pursuing a career in the following areas:

- Freelance musician, artist or dancer
- Arts therapy
- Arts administration
- Any health or social care profession, such as nurses, care assistant, doctors
- Teaching or education

This role is for you if you’re looking to increase your skillset, improve your CV or just want to have fun doing something different. You will have the opportunity to gain new experiences such as supporting older people (some living with a dementia) to take part in music and dance activities and discover what goes on behind the scenes in a vibrant and dynamic arts organisation.

We can also offer additional benefits such as free training where appropriate.

WHAT’S INVOLVED IN THE ROLE?

We’re looking for someone to support us in our Wymondham office as well as out and about at our sessions.

IN OFFICE TASKS MIGHT INCLUDE:

- Supporting our day to day admin for the programme, such as updating our website and blog or contacting session attendees.
- Helping to market the sessions by sending out posters and flyers or researching new services to contact in order to spread the word about our events.

OUT OF OFFICE TASKS MIGHT INCLUDE:

- Joining in with the creative music and dance based workshops, working with professional artists welcoming the attendees and encouraging them to take part.
- Helping to support the set up and clear up before and after the sessions, and serving refreshments to those taking part.

WHAT ELSE DO I NEED TO KNOW?

We’d like successful placement holders to work with us for the equivalent of one full working day every two weeks, for a minimum of 6 months if possible. If this is problematic, we’d be keen to discuss this with your school, college or employers to make it work.

This is a voluntary placement, but all reasonable travel expenses will be reimbursed.

SOUNDS GREAT, HOW DO I APPLY?

Please contact Lea for an registration form on 01953 713390 / 07432 769632 or email lea@creativeartseast.co.uk

WWW.CREATIVEARTSEAST.CO.UK
ABOUT CREATIVE ARTS EAST

Creative Arts East is an arts and community charity that uses high quality arts experiences to make a difference to people living in rural communities across East Anglia. We work throughout Norfolk, Suffolk & the wider Eastern region running Creative Arts East Live! & Creative Arts East Screen – rural touring schemes for live performance and cinema, as well as a variety of projects, such as 'Our Day Out'.

'Our Day Out' is a unique arts programme which engages older people across Norfolk with culture and creativity through fun and relaxed participatory music and dance sessions, whilst in a dementia-inclusive environment. Sessions run twice a month in 6 different locations across Norfolk.

The sessions are led by professional artists, and past activities have included song-writing, African drumming, digital music making, and a collaboration with internationally renowned dance company Rambert.

'OUR DAY OUT' SESSION LOCATIONS

We run sessions in the following locations across Norfolk:

ATTLEBOROUGH (Every 2nd & 4th Friday of the month)
St Mary’s Community Hall, Church Street, Attleborough, NR17 2AH

DEREHAM (Every 2nd & 4th Friday of the month)
Dereham Meeting Point, Jubilee Suite, St Withburga Lane, Dereham, NR19 1ED

NORTH WALSHAM (Every 2nd & 4th Thursday of the month)
North Walsham Cameo Cafe, Furze Hill Resource Centre, 73 Happisburgh Road, NR28 9HD

THETFORD (Every 1st & 3rd Friday of the month)
Thetford Methodist Church, Tanner Street, Thetford, IP24 2BQ

WATTON (Every 1st & 3rd Thursday of the month)
Christian Community Centre, 57 High Street, Watton, IP25 6AB

WELLS-NEXT-THE-SEA (Every 2nd & 4th Tuesday of the month)
Wells Maltings at the Sackhouse, Jicklings Yard, Wells-Next-the-Sea, NR23 1AU

WHERE ARE WE BASED?
Creative Arts East
19 Griffin Court, Market Stret, Wymondham, NR18 0GU
01953 713390 | enquiries@creativeartseast.co.uk